



ORGANIC SPA RITUALS MENU

EXCLUSIVE TO SALONS, SPAS &
PROFESSIONAL THERAPISTS

CONTENTS

DISCOVER ORGANIC FACIAL	1
BOTANICALS BESPOKE MASSAGE	2
BOTANICALS BESPOKE BODY RITUAL	3
BOTANICALS SIGNATURE SPA MANICURE	4
BOTANICALS SIGNATURE SPA PEDICURE	4



DISCOVER ORGANIC FACIAL

25 MINUTES / 55 MINUTES



Enjoy a truly personalised organic facial experience, starting with a thorough skincare analysis carried out by one of our expert therapists.

Botanicals' gentle but effective organic products cleanse, exfoliate, tone and hydrate, whilst specialist massage and skincare techniques help to detoxify and boost the natural radiance of your skin.

No matter what your skin type, this indulgent facial experience will strengthen, tone and lift your skin. Any blemishes and imbalances are visibly improved, leaving you with a more healthy and radiant complexion.

The choice of a relaxing scalp, foot or hand massage are included in this gorgeously pampering facial ritual, to leave you feeling truly relaxed and cherished.

BOTANICALS BESPOKE MASSAGE

25 MINUTES / 55 MINUTES



Whether you're feeling in need of a body boost or calming relaxation, immerse yourself in the restorative experience of totally organic aromatic oils combined with specialist massage techniques.

At Botanicals, we believe that holistic massage should be guided by the olfactory system, so you will be offered a sensory test prior to your massage, which will help your therapist select the perfect aromatherapy oils for your treatment.

Your body's natural energy is restored with the stimulation of pressure points, while the delicious aromas help to promote a deep level of relaxation and help bring your body and mind back into harmony.

Whether you want to relax or recover, your bespoke massage will deliver a much needed boost to your wellbeing, promoting health and vitality.

BACK, NECK & SHOULDERS MASSAGE | 25 MINS

A bespoke aromatherapy massage designed to meet all your needs targeting the back, neck & shoulders.

FULL BODY MASSAGE | 55 MINS

The ultimate full body massage experience that's all about you.

BOTANICALS BESPOKE BODY RITUAL

55 MINUTES



An organic holistic spa treatment to indulge your senses and leave you feeling uplifted and pampered from head to toe.

At Botanicals we recognise every body is different. So our experienced therapists are trained to discuss your individual needs and deliver a ritual that is truly personal.

You will be offered either a detoxifying treatment, based on green tea and lemongrass - perfect for revitalising congested and lacklustre skin. Or a pampering, purifying ritual, based on wild rose, virgin coconut and shea butter - a saviour for replenishing dry, dehydrated or ageing skin.

Your whole body will be gently buffed with Botanicals body polish to remove dead skin cells and stimulate circulation, then drizzled with a deliciously warm herbal oil.

Fully relaxed, you'll be massaged using flowing Hawaiian massage techniques, then cocooned in a cosy spa wrap while your skin soaks up all the delicious organic goodness.

Your treatment is completed with a rich nourishing body cream infused with the gorgeous aroma of organic essential oils, leaving it feeling soft, supple and beautifully cared for.

BOTANICALS SIGNATURE SPA MANICURE

55 MINUTES

Treat your hands to a spa ritual which offers more than just a manicure. This luxurious treatment harnesses the healing powers of natural earth and sea minerals and is packed with effective organic ingredients.

Your hands and nails will be given as much attention as you would expect from a facial, and enhanced by the aromatic experience of uplifting lemongrass or soothing wild rose to promote healing and revitalise your skin and nails.

This deeply restorative treatment involves a soothing mineral soak, a luxurious up-to-the-elbow exfoliation treatment, a warm mask and a comforting hand massage with organic oils, designed to relieve discomfort and give you an energy boost.

BOTANICALS SIGNATURE SPA PEDICURE

55 MINUTES

Treat your feet to a spa ritual which is much more than a pedicure. This revitalising Foot Ritual harnesses the healing powers of natural earth and sea minerals to revitalise skin and nails, help reduce swelling and soothe symptoms of sore feet, including calluses, corns and dry, flaky skin.

Your hard-working feet will be treated to a warm Himalayan crystal mineral soak to help draw out toxins, replenish depleted minerals and prepare the skin for exfoliation.

During the soaking ritual, your feet will be buffed with Botanicals aromatic foot scrub, then a warming, softening mask applied to hydrate the skin and lock in moisture.

Lower legs and feet are revived with an energy boosting reflexology massage to help reduce swelling and promote relaxation.

(Nail and cuticle work is included. Nail polish, if required is additional.)